

Counselor Connection

Connecting Parents to the Counselor's Classroom Lessons

CLASSROOM COUNSELING LESSONS:

In collaboration with your child's teacher, classroom counseling lessons will be implemented on a 6 week rotation for students in grades 1-3.

These lessons have the potential to increase positive social skills, behaviors, and choices. Each Counselor Connection newsletter will detail the lessons from that month or the upcoming month.

Respect

Parents,

Hello! We have been busy learning about respect- what it means, why it's important and how to show it! Learning happens best when it is done at school and at home. Below are many ways you can help your child continue to learn about the theme of respect. We have really enjoyed exploring this topic at school, and I hope your family will enjoy it just as much!

1st Grade ~ Respectful Friends

We read the book *A Bad Case of Tattle Tongue* by Julia Cook. We learned the difference between tattling and reporting. The 4 tattle rules: Be a Danger Ranger, Be a Problem Solver, Now or Later, and M.Y.O.B. (mind your own beeswax). Students played a game practicing the difference between tattling and reporting.

2nd Grade - Stop, Think, Pick a Plan - walk away or stay

Students were taught and practiced deciding whether to walk away or stay in a disagreement as an effective tool to resolve a conflict. Walk away if you are going to get hurt or in trouble otherwise stay and work it out. Students played, "Stop and Think Tic Tac Toe."

Read About it!

Rude Cakes by Rowboat Watkins

Dude That's Rude by Pamela Espeland

Do Unto Otters by Laurie Keller

Practice it!

Think about the specific needs and preferences of everyone in your house. Make a list. Spend one week together trying to be mindful of each other's needs and wants. Talk about the effects this experiment has on your family.

Talk About it!

- ☆ What do you think it means to be respectful and why is it important?
- ☆ What are some ways you can be more respectful at home, at school, and in the community?
- ☆ What are some reasons it can be difficult to be respectful?
- ☆ Are there any ways you would like me to be more respectful to you?

3rd Grade

Respect for others

Students were taught to use their social filter. We read the book, *I can't believe you just said that* by Julia Cook.

Using a social filter can help with: Thinking before speaking, analyzing social situations, preventing embarrassment, and choosing appropriate words to say to avoid hurting others.

Contact the School Counselor

Please feel free to contact the school counselor with any concerns you may have for your child.
(614) 413-8635 ministeri.1@napls.us