

# Well-being Support for Students at New Albany Intermediate School

## Counseling Services, Mental Health Services, Prevention Services

We are lucky to have so many professionals who support the social-emotional needs of our students. However it can be a little tricky to know who to contact if you are concerned about a child or just want to brainstorm ideas. This is your quick and easy reference for knowing who does what and how we work together to help children.

## Counseling Services

Kelley Schubert, School Counselor

Counseling services include individual or group counseling opportunities for students who are encountering a social-emotional challenge and/or need support learning new skills to assist them in managing a variety of life experiences. School counseling services also include linking students with professional clinical support, coordinating services with clinicians, parent and staff consultation, crisis prevention and intervention, MTSS support, managing supports between in-school services, classroom presentations, and a variety of other tasks.



## Mental Health Services

Lindsey Anders (grades 4 and 5)

Sandee Lee (grade 6)

Mental health services are provided to students who have an identified disability and are being served through special education programming. Students with a demonstrated need for behavioral and emotional support are either seen by the Mental Health Specialist or, if the needs are not as significant the Mental Health Specialist will provide consultation services. Crisis prevention and intervention services, coordination with outside treatment providers and a variety of other tasks are also provided by our Mental Health Specialists. Referrals for mental health support happen through the special education process.

## Prevention Services

Brittany Morgan, Prevention Clinician

Prevention services provide short-term, skill-building support. They are not counseling services. Prevention services are designed to inform, educate, demonstrate skills and reduce at-risk behavior in students. Services include skill building lessons with students, consultation and professional development for teachers on effective strategies for managing social, behavioral or mental health concerns in the classroom as well as educating stakeholders about these concerns. Crisis intervention, linking families with clinical practitioners, and consultation are also part of the prevention services available.

All referrals for prevention services must be made by the school counselor or a school administrator.

## Support for students with 504 Plans

Kimberly Hendry, 504 Coordinator

The 504 Coordinator will consult with the School Counselor and coordinate service options for students with an identified disability who are being served through a 504 Plan. The 504 Coordinator may work with students individually or in a group setting, provide consultation to staff, serve as a liaison between school and outside clinical supports as well as providing crisis intervention services.



### SO WHERE DO YOU START?

If you have concerns about a student's well-being the best place to start an inquiry about school based supports is by contacting our School Counselor, Kelley Schubert, or one of our Principals.

#LetsTalk